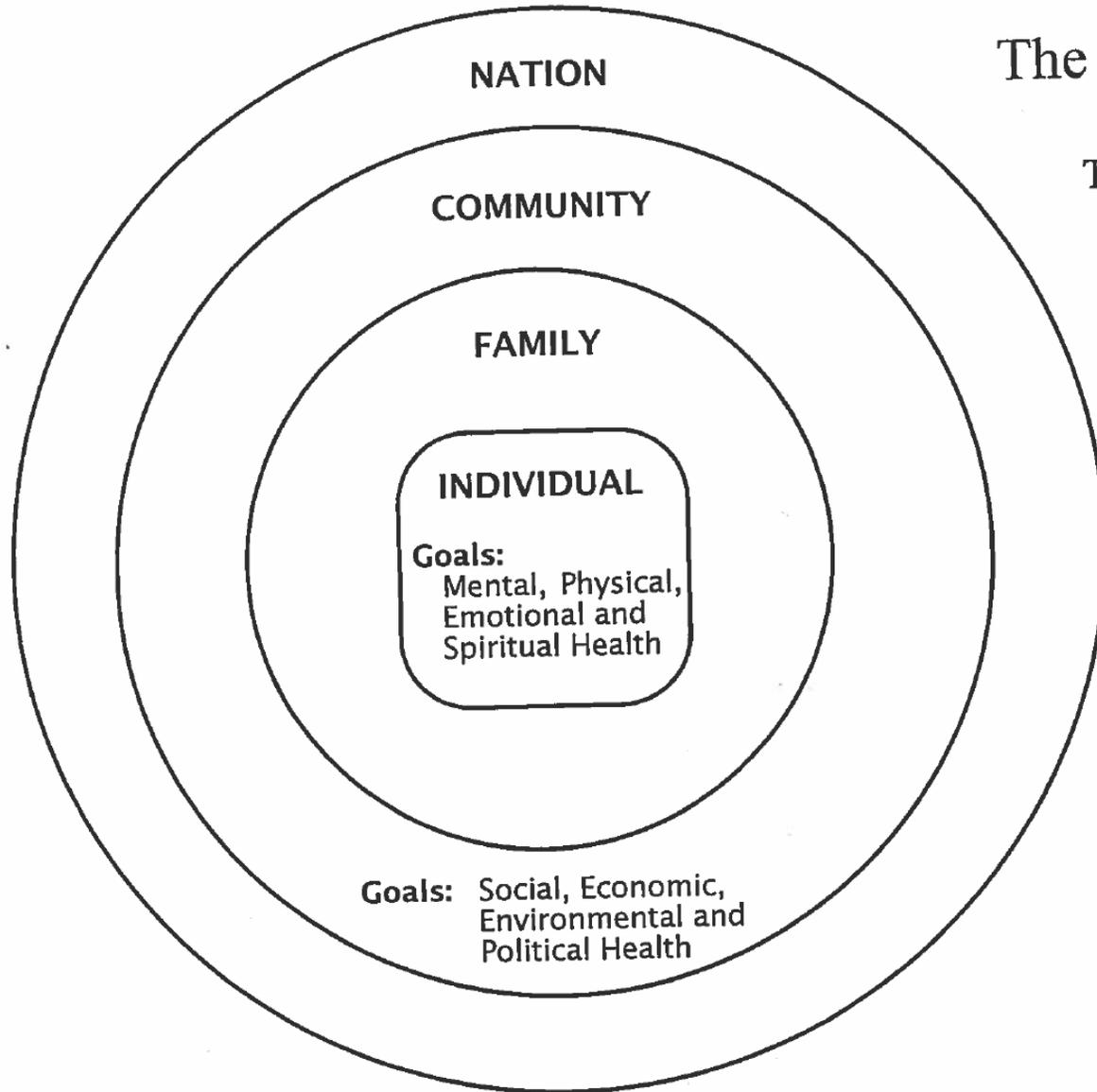


Mushuau Innu Healing Strategy

January, 1999





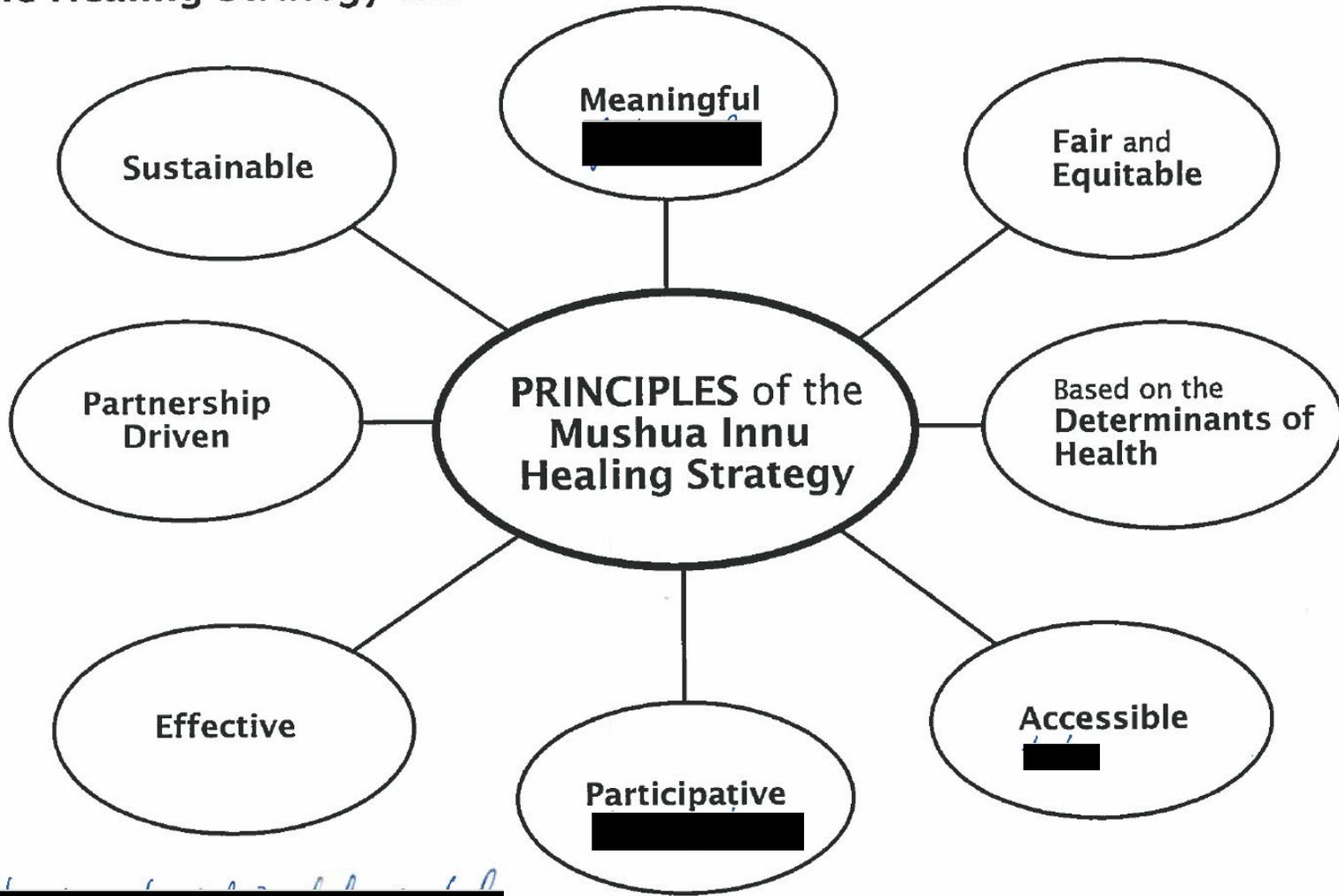
The Circle of Health

Towards a Healthy
Community in
Utshimassit

The Broad Determinants of Health

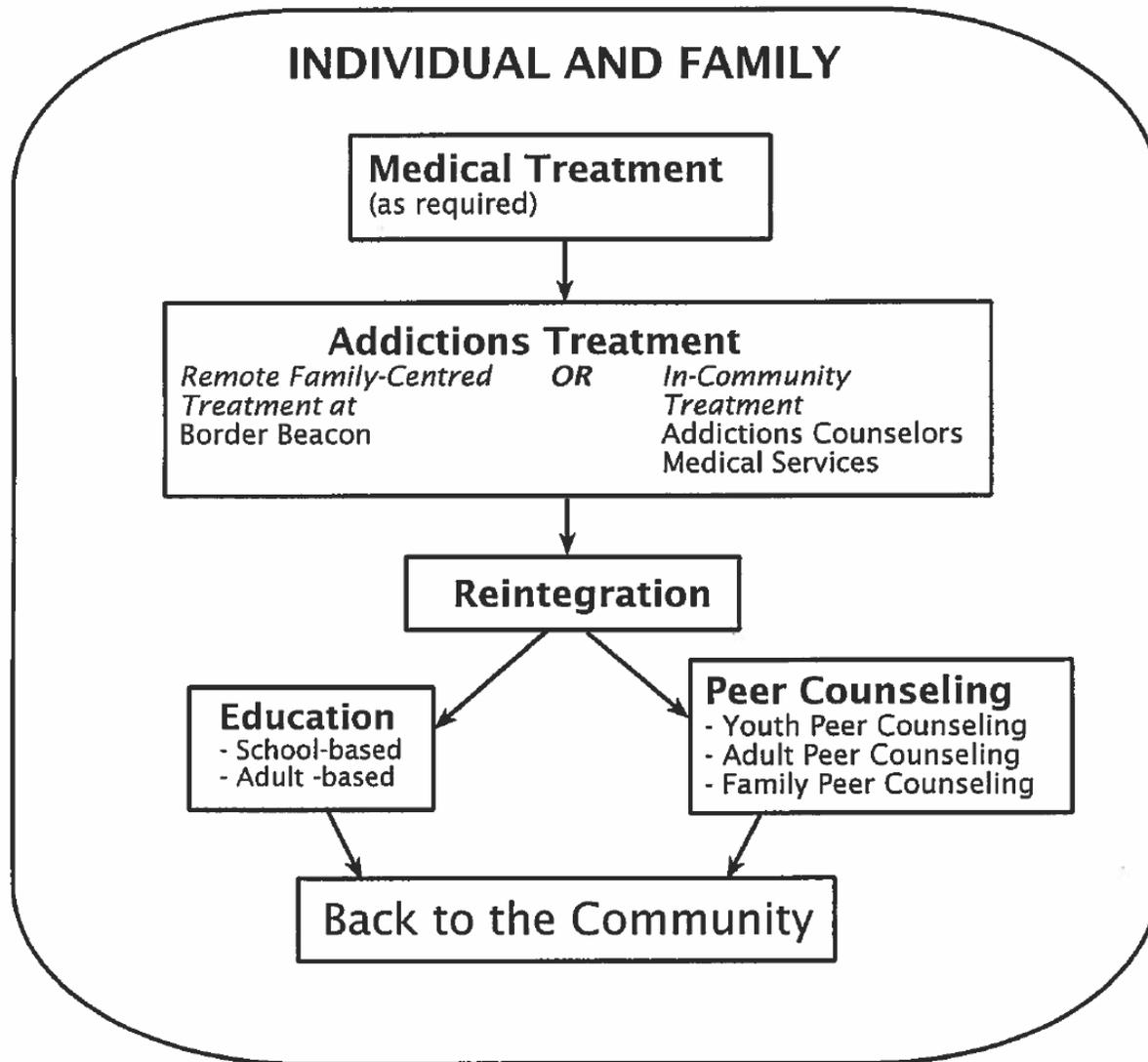
- biology and genetics
- ✓ healthy child development
- social support networks
- ✓ available health services
- training and education
- income and social status
- employment and working conditions
- ✓ personal health practices and coping skills

The Healing Strategy is...



[Redacted text]

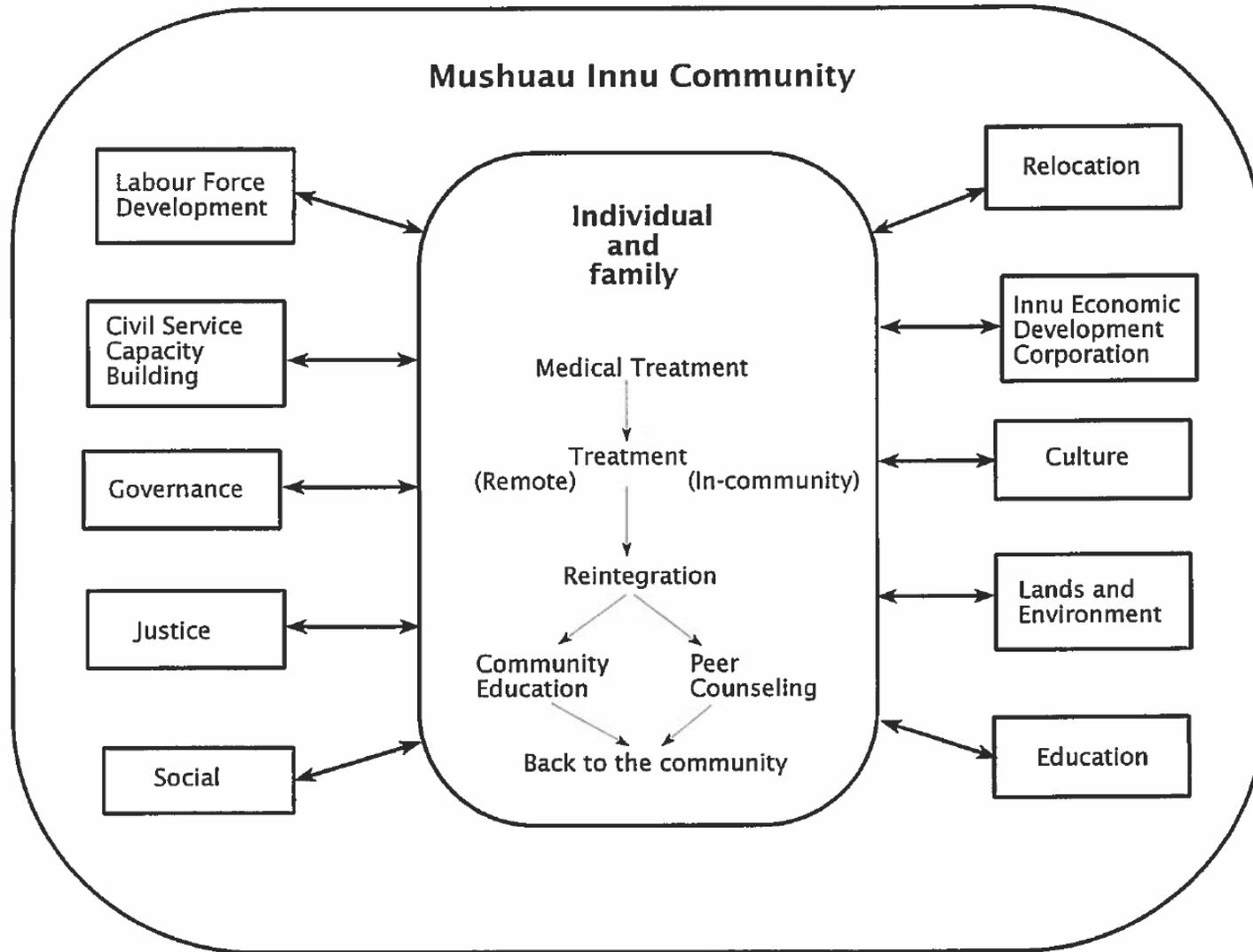
CREATING HEALTHIER PEOPLE AND FAMILIES

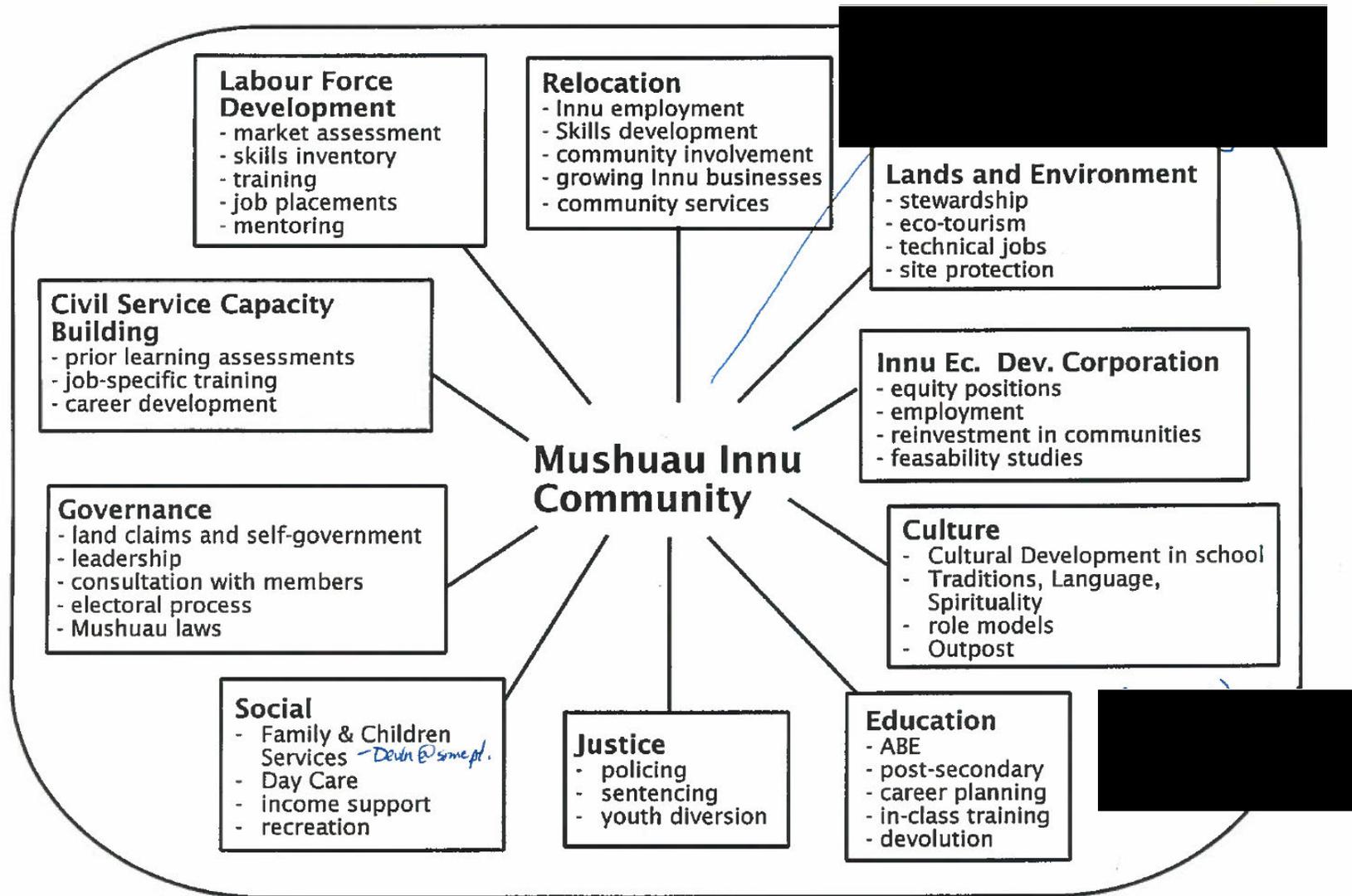


TREATMENT PROGRAMS (in-community and remote settings)

- Understanding Substance Abuse (biological, social, physical, emotional)
- Family Violence and Abuse — Walking the prevention circle
- Relationships
- Family Living (community, martial, parenting)
- Cultural Awareness
- Stress and Anger Management
- Health and Fitness
- Career Planning
- Finances
- Community Living (community, resources, going back)

Mushuau Innu Healing Strategy





CREATING A HEALTHIER COMMUNITY

MUSHUAU INNU HEALING STRATEGY

ELEMENT TO THE HEALING STRATEGY**Description**

This section will describe key aspects of the element.

Supporting the Healing Strategy

This section outlines key principles of the healing strategy that are supported by each element.

Contributing to the Healing Strategy

This section outlines how the element contributes to the healing strategy by addressing the determinants of health.

Healing Objectives for Relocation

This section outlines the objectives to be achieved under each element. These objectives identify the end results of the process.

Steps in Process

This section outlines the steps that need to be taken to accomplish the above named objectives.

Lead Person

This section identifies who the key people will be in accomplishing each specific task.

Time Frame

This section sets out the time frames in which each activity will be completed. It also outlines when review and evaluation of the processes will take place.

Progress, Reporting and Indicators

This section highlights monitoring and reporting requirements. As well, it sets out indicators of progress and successful completion.

