

# KELLY BOWER

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## Personal Profile

Kelly's mother is a descendent of multigenerational settlers who left Scotland due to the clearances, her father was an immigrant of Manx origin. She was born and raised in Treaty Six territory and the homeland of the Métis, which encompasses the traditional lands of the Cree (nehiyawak) , Blackfoot (niitsitapi), Nakota (isga), Anishinaabe (anishinaabeg), and Métis (michif) Peoples. She currently is a treaty person living in Kjipuktuk (Halifax), located in Mi'kma'ki, the ancestral and unceded lands of the Mi'kmaq people.

## Current Employment

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| <ul style="list-style-type: none"><li>• Regional Director of Programs, Indigenous Services Canada, First Nations and Inuit Health Branch, December 2021-present</li></ul> | <ul style="list-style-type: none"><li>Oversees Non-Insured Health Benefits, Jordan's Principle, Mental Wellness, Communicable Disease Control, Health Emergency Management, Environmental Public Health, Oral Health, Children's Health Programs, Adult Health Programs, Aboriginal Diabetes Initiative, Anti-Indigenous Health Programs, Home and Community Care, e-Health, Health Assessment and Surveillance</li></ul> |
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## Other Work Experience

- Director, Health Assessment and Surveillance, Indigenous Services Canada / Health Canada Atlantic Region, First Nations and Inuit Health Branch, June 2015-2021
- Senior Epidemiologist, Health Canada Atlantic Region, First Nations and Inuit Health Branch, June 2005 – 2015
- Research Associate, Department of Family Medicine, Dalhousie University Oct 2001 – June 2005
- Instructor, Dalhousie University, Health & Human Performance, Health and Human Performance 1100, 'Introduction to Personal Health' Jan 2003 – April 2005
- Research Assistant, Atlantic Health Promotion Research Centre Feb–Oct. 2001
- Research Assistant, Population Health Research Unit, Dalhousie University May 2000 – April 2001
- Public Relations Coordinator, Human Resources Development Canada Jan. - July '99

## Educational Background

MSc. Community Health and Epidemiology, Dalhousie University, 2002

- Thesis work entitled “Cervical Cancer Screening in Four Canadian Provinces: An Analysis of Context of Care and a Comparison of Different Analytical Methods”. Using SAS software, linked survey data with administrative data to examine, from a population health perspective, how doctor – patient relationships influence screening for cervical cancer.
- Course work on Health Policy, Community Health, Biostatistics, and Qualitative and Quantitative methods.
- Awards:
  - National Health Research Development Program Training Award (\$36,000), Dalhousie, 2000
  - Nova Scotia Health Research Fund Training Award, Dalhousie (\$35,000), 2000
  - Recipient, Faculty of Graduate Studies Scholarship (\$8,000), Dalhousie, 1999

Bachelor in Physical Education with Distinction, Specializing in Active Living, Health, and Well Being, University of Alberta, 1999.

- Coursework in pedagogy, childhood growth and development, health education, psychology, community health, anatomy, physiology, human nutrition, and recreation management.
- Practicum studying peoples’ perception of Malaria, Tanzania, East Africa, Students’ International Health Association, 1998.
- Awards:
  - Graduate with distinction, Bachelor of Physical Education, U of A, 1999
  - Canadian Association of Exercise Physiology, Student Medal, U of A., 1999
  - Governor General’s Silver Medal Award Nominee, U of A., 1999
  - C.D. Howe Memorial Award Nominee, U of A., 1999
  - Alberta Wild Rose Foundation Grant, Students’ Int’l Health Association, 1998
  - Golden Key Society Inductee, U of A., 1998
  - E.E. Bako Scholarship, for excellence in health promotion, U of A., 1998
  - Eugene Brody Memorial Fund, U of A., 1998
  - Kathlene Yetman Memorial Scholarship, U of A., 1997
  - Canadian Association of Physical Education, Recreation and Dance Award, U of A., 1997
  - Louise McKinnley Post Secondary Scholarship, U of A., ’98, ’97
  - Alexander Rutherford Scholarship, U of A., 1995

Publications (under Kelly Bower, Kelly Nicol Bower, and Kelly Nicol)

- ♣ Kephart, GE; Pennock, M; Skedgel, C; James, A; Nicol, KA; Ross, J; Rossler, N. Federal Funding for Health Care: Are Provinces Getting Their Fair Share? September 2000, Halifax: Population Health Research Unit.
- ♣ Jackson LA, Putnam W, Twohig PL, Burge FI, Nicol K, Cox JL. What has trust got to do with it? Cardiac risk reduction and family physicians' discussions of evidence-based recommendations. November, 2004, Health Risk and Society.
- ♣ Putnam RW, Nicol K, Anderson D, Brownell B, Chiasson M, Burge FI, Cox J, & Flowerdew G. "Anticoagulation in Atrial Fibrillation: describing the "care gap" in ambulatory patients". September 2004, Canadian Family Physician.
- ♣ Putnam RW, Nicol K, Cox JL, Twohig PL, Pottie K, Jackson L, Burge F. "Quality Indicators for Cardiac Care: National Standards in the Community Context". Journal of Health Services Research and Policy. 2006, Vol 11, No 1, pg 5-11.
- ♣ Lawson B, Putnam W, Nicol K, Frail D, Archibald G, MacKillop J, Conter H. Osteoarthritis: Medication use among seniors in the community. Canadian Family Physician, December 2004.
- ♣ Nicol K, Twohig PL, Frail D, Putnam RW. "How do seniors make treatment choices for their osteoarthritis? A qualitative inquiry". Canadian Family Physician, March 2006.
- ♣ Fell, DB; Kephart, GE; Curtis, L; Nicol, KA; Muhajarine, N; Reid R; Roos, L. "The relationship between work hours, occupation and utilization of general practitioners in four Canadian provinces". In revision.
- ♣ Howard JA, Bower K, Putnam W. "Factor's Influencing the Management of Hypertension in Type 2 Diabetes". Canadian Journal of Diabetes. 2006; 30(1).
- ♣ Fell D, Kephart G, Curtis L, Bower K, Muhajarine N, Roos L. "The relationship between work hours and utilization of general practitioners in 4 Canadian provinces". Health Services Research, January 2007.
- ♣ Burge F, Bower K, Putnam W, Cox J. "Quality Indicators for Cardiovascular Primary Care". Canadian Journal of Cardiology, April 2007.
- ♣ Douglas, S, Cervin C, Nicol Bower K. "What women expect of family physicians as maternity care providers". Canadian Family Physician, May 2007.

## Peer Reviewed Presentations

- ♣ Nicol, KA; Kephart, GE; Padmos, A. (2001) "Who Gets Screened for Breast and Cervical Cancer in Canada? A Comparison of Cross Sectional and Longitudinal Data Analysis". *American Journal of Epidemiology*. 153; 11: S37. Poster presentation at the Congress of Epidemiology, Toronto, 2001.
- ♣ Nicol, Kelly; Kephart, George; Fell, Deshayne; Veugelers, Paul. (2002). "A Comparison of Analytical Methods Describing Who Gets Screened For Cervical Cancer". Poster presented at the North American Primary Care Conference, New Orleans, 2002.
- ♣ Nicol, Kelly; Putnam, Wayne; Cox, Jafna; Jackson, Lois; Burge, Frederick; Twohig, Peter; Pottie, Kevin (2002). "Exploring physician perceptions concerning barriers to complying with the quality indicators evaluated in cardiac report cards". Poster presented at the North American Primary Care Conference, New Orleans, 2002.
- ♣ Lawson, Beverley; Putnam, Wayne; Frail Dawn, Nicol, Kelly. (2002). "Use of Analgesics by Seniors for Osteoarthritis". Poster presented at the North American Primary Care Conference, New Orleans, 2002.
- ♣ Putnam, Wayne; Nicol, Kelly; Anderson, David; Burge, Frederick; Cox, Jafna; Flowerdew, Gordon. (2002) "Reasons For Not Anticoagulating Patients With Atrial Fibrillation: Survey of Family Physicians". Poster presented at the North American Primary Care Conference, New Orleans, 2002.
- ♣ Asma Asyyed; Sean D Christie; Kelly A Nicol; Tracy L Christie; Ian G Fleetwood. (2003). "The Impact of Risk Factors on Severity of Subarachnoid Hemorrhage". Presented as a poster at the AANS / CNS Section on Cerebrovascular Surgery Annual Meeting, Phoenix, 2003.
- ♣ Nicol, KA; Kephart, GE; Fell, DB; Veugelers, P. "Factor's associated with cervical cancer screening: Do cross sectional and longitudinal analyses yield different results". Canadian Population Society Annual Meeting, Congress of the Humanities and Social Sciences, 2003.
- ♣ Fell, DB; Kephart, GE; Curtis, L; Nicol, KA; Muhajarine, N; Reid R; Roos, L. "The relationship between work hours, occupation and utilization of general practitioners in four Canadian provinces". Canadian Population Society Annual Meeting, Congress of the Humanities and Social Sciences, 2003.
- ♣ Lawson B, Putnam W, Nicol K, Frail D, Archibald G, Conter H, MacKillop J. (2003). "Osteoarthritis: Medication Use By Seniors in the Community". *The Canadian Journal of Clinical Pharmacology*. 10:3; 128. Poster Presented to the Canadian Society for Clinical Pharmacology.
- ♣ Putnam W, Frail D, Lawson B, Nicol K, Archibald G, Conter H, MacKillop J. (2003). "Drug Interactions in Seniors Taking Treatment for Osteoarthritis". *The Canadian Journal of Clinical Pharmacology*. 10:3; 140. Poster Presented to the Canadian Society for Clinical Pharmacology.

- ♣ A qualitative study of seniors' views of anti-inflammatory medications (Twohig P, Putnam W, Nicol K, Frail D). Family Medicine Forum, Calgary, AB, Oct 22-24, 2003.
- ♣ Drug interactions in seniors taking treatment for osteoarthritis (Putnam W, Frail D, Lawson B, Nicol K, Archibald G, Conter H, MacKillop J). Family Medicine Forum, Calgary, AB, Oct 22-24, 2003.
- ♣ Influences on patient's treatment choices for osteoarthritis and anticoagulation in atrial fibrillation: A qualitative analysis of two different data sets (Nicol K, Putnam W, Twohig P). Family Medicine Forum, Calgary, AB, Oct 22-24, 2003.
- ♣ Using quality indicators to improve care: The perspectives of community physicians (Putnam W, Nicol K, Cox J, Twohig P, Jackson L, Burge F, Pottie K). North American Primary Care Research Group 31st Annual Meeting, Banff, AB, Oct 25-28, 2003.
- ♣ Osteoarthritis: Medication use among seniors in the community (Lawson B, Putnam W, Nicol K, Frail D, Archibald G, Conter H, MacKillop J). North American Primary Care Research Group 31st Annual Meeting, Banff, AB, Oct 25-28, 2003.
- ♣ Narrowing the anticoagulation 'care gap' in patients with atrial fibrillation: Physician and patient perspectives (Nicol K, Twohig P, Putnam W, Jackson L). North American Primary Care Research Group 31st Annual Meeting, Banff, AB, Oct 25-28, 2003.
- ♣ Qualitative exploration of physicians' views of cardiac report cards (Twohig P, Cox J, Putnam W, Nicol K, Jackson L, Burge F, Pottie K). Canadian Cardiovascular Society Annual Meeting, Toronto, ON, Oct 24-29, 2003.
- ♣ Osteoarthritis: Medication use among seniors in the community (Lawson B, Putnam W, Nicol K, Frail D, Archibald G, Conter H, MacKillop J). UK Federation of Primary Care Research Networks, Birmingham, UK, Nov 24-25, 2003.

### **FNIHB Awards**

- Recipient, ADM Award for Leadership as part of the Quality Work Life Committee, 2018
- Recipient, Instant Award for Work on the national Health Data Technical Working Group, First Nations and Inuit Health Branch, 2014
- Recipient, Outstanding Service Award, First Nations and Inuit Health, 2010